

**Please Use this Form to Add/Amend your entry  
on the Express the Mess Website.**

Name of  
organisation:  
(that the entry will be  
listed under)

**This is a new entry (tick box)**   
(please complete the whole form)

**This is an amendment to an entry**   
(please complete the sections  
for amendment)

Name:

Address:

Post Code:

Tel:

Fax No:

Helpline:

Email helpline:

Summary of organisation's activities/services (Please include details of opening times/times that  
phones are staffed) **Maximum 50 words**

### 3. Subject (s)

Please tick which subject (s) are applicable to your organisation:

- |                                |                          |  |                          |
|--------------------------------|--------------------------|--|--------------------------|
| Advice, Support & Counselling  | <input type="checkbox"/> | Bereavement/Loss                                     | <input type="checkbox"/> |
| Bullying                       | <input type="checkbox"/> | Children's Rights Workers                            | <input type="checkbox"/> |
| Drugs & Alcohol                | <input type="checkbox"/> | Eating Disorders                                     | <input type="checkbox"/> |
| Educational Support            | <input type="checkbox"/> | Family Support                                       | <input type="checkbox"/> |
| Homelessness                   | <input type="checkbox"/> | NHS & Hospital Services                              | <input type="checkbox"/> |
| North Yorkshire County Council | <input type="checkbox"/> | Pregnancy Advice                                     | <input type="checkbox"/> |
| Recreational/Social            | <input type="checkbox"/> | Sexual Health, HIV & Aids                            | <input type="checkbox"/> |
| Sexuality                      | <input type="checkbox"/> | Support Services<br>(For Parents, Carers & Families) | <input type="checkbox"/> |
| Violence & Abuse               | <input type="checkbox"/> |  |                          |

### 4. Additional Information

Website address  
(if applicable):

Signature:

Position in Organisation:

Date:

**Please return the completed form by post, fax or email to Harrogate & Area CVS:**

Fax: 01423 502126  
Community House, 46 – 50 East Parade, Harrogate, HG1 5RR  
Email [cvs@harrogatecvs.org.uk](mailto:cvs@harrogatecvs.org.uk)